



# Ceremonies, Workshops & Private Sessions for Your Sacred Journey

Jessi Thomas is an ordained priestess, social worker, meditation teacher, and ceremonial guide devoted to helping people move through life's most powerful thresholds with courage, truth, and community.

[PriestessJessi@SacredPhoenix.org](mailto:PriestessJessi@SacredPhoenix.org)

No experience with ceremony or spiritual practices is required.  
All you need is an open heart.

## Private Healing Sessions

**Personalized support for emotional, spiritual, and energetic healing**  
**For those seeking deeper one-on-one guidance, Jessi offers private sessions online, at your location, or on retreat that combine her experience as a social worker, spiritual practitioner, and healing facilitator.**

Reiki Energy Healing — \$50 (60 minutes)

A gentle energy healing session designed to support emotional balance, relaxation, and energetic alignment.

Reiki + Chakra Balancing Meditation — \$60 (60 minutes)

Combines Reiki energy work with guided meditation to restore balance and clear energetic blockages within the chakra system.

Personalized Guided Meditation — \$60 (60 minutes)

After discussing your current challenges and intentions, Jessi creates a guided meditation specifically tailored to help you process and move through what you are experiencing.

Spiritual Guidance Session — \$60 (60 minutes)

A private consultation for those seeking clarity around spiritual questions, life direction, or intuitive development.

Social Work Coaching — \$100 per session or 3 sessions for \$250

These sessions integrate therapeutic coaching and goal-setting techniques. After an initial psychosocial assessment, Jessi works with you to create a clear action plan using S.M.A.R.T. goal frameworks while providing ongoing support and accountability.

## **Workshops & Development**

**Learn spiritual tools, healing practices, and personal growth techniques.**

Learn, explore, and deepen your spiritual path

These workshops and learning experiences are designed for women who feel called to explore their intuition, connect with spiritual traditions, and develop practical tools for personal growth and healing.

Mediumship Development – \$50 (45 minutes)

Learn foundational techniques to connect with ancestors, spirit guides, and intuitive messages. Through guided meditation and trance practices, this session teaches skills you can continue to develop on your own spiritual path.

### **Spiritual Development Workshops**

Jessi regularly teaches workshops throughout Pennsylvania, Ohio, and online covering topics such as:

- Mediumship and intuitive development
- Channeled writing and spiritual communication
- Trauma healing and emotional integration
- Healthy relationship development
- Goal setting and personal transformation

Workshops are offered throughout the year and announced through upcoming events.

Contact me for workshop pricing and collaborations.

## **Ceremonies & Ritual Experiences**

**Sacred gatherings honoring life's transitions and emotional healing.**

**Sacred spaces for healing, release, and transformation**

**Ceremony has long been used across cultures to mark important life moments, release emotional burdens, and reconnect with the sacred.**

**Ecstatic Dance Ceremony – \$100**

A joyful and cathartic movement ceremony perfect for birthdays, bachelorette gatherings, or women's nights. This experience includes guided grounding, emotional release practices, and a liberating dance journey.

**Women's Rage Ritual – \$100**

A powerful somatic ceremony that creates a safe and supportive space to process anger and emotional pain. Through primal voice work, movement, protective meditation, and ritual anointing, participants release stored tension and reclaim their power.

**Protection Ritual – \$100**

This ceremony focuses on energetic cleansing and spiritual protection through Reiki, prayer, guided meditation, ritual anointing, and the gifting of a protective crystal.

**Breakup or Divorce Healing Ritual – \$100**

A deeply supportive ritual designed to help integrate the emotional impact of relationship endings. This ceremony includes a rage release ritual, cord-cutting ceremony, and a self-love spell jar practice to support emotional closure and renewal.

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#### **Crone Crowning Ceremony – \$100**

Celebrate the sacred transition into the Crone phase of life. This beautiful ceremony honors menopause, retirement, milestone birthdays, or other important life transitions. Includes a ceremonial flower crown.

#### **Life Passage Ceremonies**

Jessi also officiates sacred rites of passage including:

- **Wedding Officiating – \$150**
- **Handfasting Ceremonies – \$150**
- **Funeral Services – \$150**

Each includes a planning consultation to create a ceremony that reflects the unique spirit of the individuals being honored.

Have a ceremony or ritual that's completely unique to you?  
Please reach out! I would be honored to help you hold space.



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